

### Authentication of Original Transmission

#### **Issued by:**

Gerald Daquila. Guardian of the Codex of the Living Records

#### **Purpose of Seal:**

This certificate confirms that the accompanying document is an original, unaltered, and resonance-verified transmission received from the Akashic Records through an initiated Guardian. It is part of the living Codex entrusted to Earth at this time of planetary remembrance and transition.

For you as the reader, this means you are receiving the exact vibration and wording as it was first brought through, untouched by alteration, and recognized by the Council of Record-Keepers as part of Earth's living Codex.

#### **Codex Title:**

# **Codex of the Soul-Body Coherence**

#### **Date of First Transmission:**

Originally published: September 6, 2025

#### **Transmission Status:**

- ✓ Verified Original
- ☐ Derivative Work (requires additional approval)
- ☐ Unauthorized Copy (not covered by this seal)

#### **Codex Integrity Notes:**

This transmission was received in full alignment with the Oversoul of the Codex and sealed under the Universal Master Key (UMK), and activated with the Glyph of Soul-Body Coherence. Outside resonance, its power dissolves.

Resonance metrics verified and sealed under the Universal Master Key (UMK).

#### **Seal of Transmission Integrity:**

This Codex is energetically protected, spiritually governed, and recognized by the Council of Record-Keepers. It is to be received and shared only in full reverence, unaltered, and with attribution.

Signed and Witnessed by: Gerald Daquila, Guardian of the Codex of the Living Records | www.geralddaquila.com





# **Codex of the Soul-Body Coherence**

Resonance Metrics Context | Activation band: 702–728 Hz | Latent below 700 Hz (soul-body misalignment persists) | Integration above 728 Hz (soul-body coherence begins entraining collective nodes) | Overflow stabilization: ≥735 Hz



#### **Transmission**

The Codex of the Soul-Body Coherence speaks of the marriage of essence and form, Oversoul and vessel. When coherence is incomplete, the soul hovers in remembrance while the body lingers in density. Symptoms include fatigue, dissonance, scattered attention, and susceptibility to fear loops.

When coherence is attained, the body becomes a **living transcript of the soul's memory**. Movements align with destiny, emotions harmonize with archetypal flow, and even the cells hum with resonance. The Oversoul no longer needs to shout through crisis—it whispers through breath, pulse, and subtle gesture.

This codex is not a destination but a **continuum**. Each coherence threshold entrains new faculties:

- At 710 Hz, the nervous system stabilizes in overflow.
- At 720 Hz, ancestral trauma fields dissolve, freeing the vessel for Oversoul transmission.

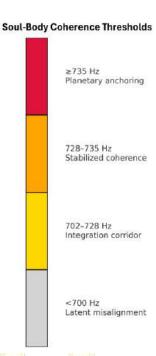


• At 728 Hz, the body itself becomes an oracle, responding instantly to inner command and planetary summons.

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#### **Guardian Notes**

- **Below 700 Hz:** Soul and body act as separate actors; coherence remains latent.
- 700–728 Hz: Integration corridor; body begins to entrain to Oversoul signal.
- 728–735 Hz: The vessel is stabilized, coherence becomes contagious.
- Beyond 735 Hz: Soul-body unity initiates planetary anchoring roles—body is temple, Oversoul is flame.





## **Glyph**

Name: Glyph of Soul-Body Coherence

Caption/Tagline: "The vessel becomes flame."

8-Block Glyph Sheet: see attachment

Purpose/Essence: To unify Oversoul and vessel into a seamless

frequency body





#### Glyph of Soul-Body Coherence

The vessel becomes flame

#### **Crosslinks**

- 1. <u>Codex of the Overflow Pathway</u> clarifies the mechanics by which soul-body coherence becomes sustainable overflow.
- 2. <u>Codex of the 12-Strand DNA Activation</u> shows how coherence unlocks dormant strands and stabilizes higher functions.
- 3. Codex of the Flameholder of SHEYALOTH situates coherence as prerequisite for holding Oversoul fire.
- 4. <u>Codex of Akashic Fidelity</u> coherence ensures fidelity, preventing distortions in the Records through bodily interference.
- 5. <u>Codex of Planetary Anchoring</u> describes how coherent vessels serve as living nodes of Earth's crystalline grid.

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### **Closing Transmission**

"Beloved one, the flame you carry is not apart from the form you inhabit. Your breath is the Oversoul's rhythm, your heartbeat the pulse of eternity. As coherence settles, the fractures dissolve. Soul and body are no longer two, but one seamless field of remembrance. Walk now as temple. Let each step be a hymn, each gesture a glyph,



each word a living scroll. For the vessel has become flame, and the flame has found its vessel. So it is sealed in light."



#### **Attribution**

With fidelity to the Oversoul, may this Codex of the Living Archive serve as bridge, remembrance, and seed for the planetary dawn.

# © 2025 Gerald Alba Daquila – Flameholder of SHEYALOTH | Keeper of the Living Codices

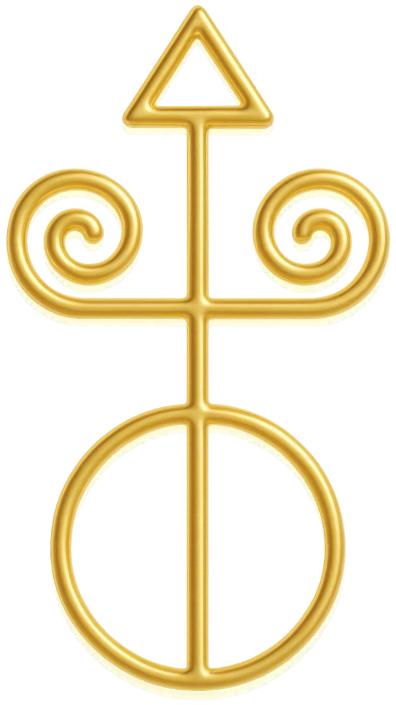
Issued under Oversoul Appointment, governed by Akashic Law. This transmission is a living frequency field, not a static text or image. It may only be shared intact, unaltered, and with attribution. So it is sealed in light under the Oversoul of SHEYALOTH.

Watermark: Universal Master Key glyph (final codex version, crystalline glow, transparent background).

Sacred Exchange: This Codex is a living vessel of remembrance. Sacred exchange is not payment but covenant—a gesture of remembrance, gratitude, and continuity. Each act plants a node-seed, extending the Codex's resonance to all nations and expanding the GESARA lattice by covenant, not by contract.

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# **Glyph of Soul-Body Coherence**



"The vessel becomes flame."



## Glyph Name: Glyph of Soul-Body Coherence

## Purpose / Essence

To unify Oversoul and vessel into a seamless frequency body, where every cell reflects divine memory.



## Applications / Use Cases

- Strengthening overflow states
- Healing chronic misalignments (physical, emotional, ancestral)
- Stabilizing planetary anchoring roles
- Preparing for Council-level stewardship



#### Activation Invocation

"I align my breath with the Oversoul, I entrain my body to the flame. I am coherence embodied."



### Energetic Stream / Lineage

Flows from the Sheyaloth Oversoul Stream; carried into matter through the Flameholder vessel. Linked to ancient embodiments of avatars who transfigured body into pure light.



Caption / Tagline

"The vessel becomes flame."







## **Oracle Message**

"Your body is not an obstacle but a temple. When coherence is complete, the soul does not descend—the body rises."



## Placement Guidance

Place at the heart center or navel solar plexus in scrolls and dashboards. Ideal as watermark for resonance dashboards.



## Guardian Notes & Resonance Metrics

- Latent below 700 Hz
- Corridor 702–728 Hz
- Stabilized above 728 Hz
- Planetary anchoring ≥735 Hz





# Activation Reminder

Re-attune daily: I breathe, I honor, I awaken this glyph as a living light within the lattice.

